



MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE ONE WORKSHEET

Name:.....

Date:.....

SUBJECT: SCIENCE

LESSON: 2 WEEK 2

TOPIC: HEALTHY PRACTICES

FACTS/TIPS: Healthy practices help us to stay strong and keep us from getting sick.

PRACTICAL EXAMPLE:



ON YOUR OWN

Match these actions to their names

Action



Name

bathing

sleeping

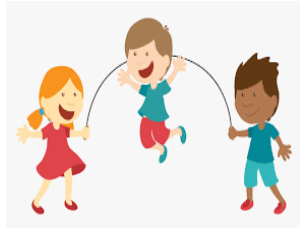
brushing teeth

combing hair

Match these actions to their names

Actions

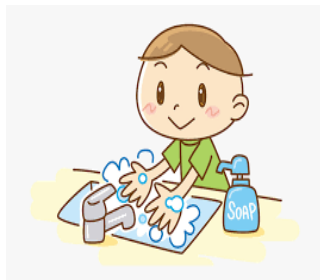
Name



picking up garbage



washing hands



skipping



running